



Institut de Formation en Médecine Traditionnelle Chinoise

# Calendrier 2023-2024

96 rue de la Part-Dieu  
69003 Lyon  
09 67 45 90 88  
institutshaoyang@gmail.com  
www.shaoyang.fr

Les cours se déroulent au CISL, 103 Bd des États-Unis 69008 Lyon.  
Tél : 04.37.90.42.42



Bonne Année du  
Lièvre d'eau !  
1 février 2023

| Septembre |    |    |    |    |    |    | Octobre |    |    |    |    |    |    | Novembre |    |    |    |    |    |    | Décembre |    |    |    |    |    |    | Janvier |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|---------|----|----|----|----|----|----|----------|----|----|----|----|----|----|----------|----|----|----|----|----|----|---------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1         | 2  | 3  | 4  | 5  | 6  | 7  | 8       | 1  | 2  | 3  | 4  | 5  | 6  | 7        | 8  | 9  | 10 | 1  | 2  | 3  | 4        | 5  | 6  | 7  | 8  | 9  | 10 | 11      | 12 | 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 11        | 12 | 13 | 14 | 15 | 16 | 17 | 18      | 19 | 20 | 21 | 22 | 23 | 24 | 25       | 26 | 27 | 28 | 29 | 30 | 31 | 1        | 2  | 3  | 4  | 5  | 6  | 7  | 8       | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |    |    |    |    |    |    |    |    |
| 18        | 19 | 20 | 21 | 22 | 23 | 24 | 25      | 26 | 27 | 28 | 29 | 30 | 31 | 1        | 2  | 3  | 4  | 5  | 6  | 7  | 8        | 9  | 10 | 11 | 12 | 13 | 14 | 15      | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 25        | 26 | 27 | 28 | 29 | 30 | 1  | 30      | 31 | 27 | 28 | 29 | 30 | 25 | 26       | 27 | 28 | 29 | 30 | 31 | 29 | 30       | 31 | 29 | 30 | 31 |    |    |         |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Février   |    |    |    |    |    |    | Mars    |    |    |    |    |    |    | Avril    |    |    |    |    |    |    | Mai      |    |    |    |    |    |    | Juin    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 1         | 2  | 3  | 4  | 5  | 6  | 7  | 8       | 9  | 10 | 11 | 12 | 13 | 14 | 15       | 16 | 17 | 18 | 19 | 20 | 21 | 22       | 23 | 24 | 25 | 26 | 27 | 28 | 29      | 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| 5         | 6  | 7  | 8  | 9  | 10 | 11 | 12      | 13 | 14 | 15 | 16 | 17 | 18 | 19       | 20 | 21 | 22 | 23 | 24 | 25 | 26       | 27 | 28 | 29 | 4  | 5  | 6  | 7       | 8  | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 8  | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 6  | 7  | 8  | 9  | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 12        | 13 | 14 | 15 | 16 | 17 | 18 | 19      | 20 | 21 | 22 | 23 | 24 | 25 | 26       | 27 | 28 | 29 | 11 | 12 | 13 | 14       | 15 | 16 | 17 | 18 | 19 | 20 | 21      | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 19        | 20 | 21 | 22 | 23 | 24 | 25 | 26      | 27 | 28 | 29 | 18 | 19 | 20 | 21       | 22 | 23 | 24 | 25 | 26 | 27 | 28       | 29 | 30 | 31 | 22 | 23 | 24 | 25      | 26 | 27 | 28 | 29 | 30 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| 26        | 27 | 28 | 29 | 25 | 26 | 27 | 28      | 29 | 30 | 31 | 29 | 30 | 27 | 28       | 29 | 30 | 31 |    |    |    |          |    |    |    |    |    |    |         |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |



**Répartition des classes MTC :**  
 1<sup>ère</sup>, 2<sup>ème</sup> & 3<sup>ème</sup> année MTC, 1<sup>ère</sup> Qi Gong (quatre 1<sup>ers</sup> week-end) : **en rouge**  
 4<sup>ème</sup> & 5<sup>ème</sup> MTC : **en bleu**  
 Qi Gong 1<sup>ère</sup> année (2 week-end pratique) : **en vert**  
 Qi Gong 2<sup>ème</sup> année (6 week-end) : **en bleu clair**

*Celui qui poursuit des études agrandit ses connaissances jour après jour.  
 Celui qui poursuit le Tao réduit son égoïsme jour après jour. Tao le King*

